



# Kinesiology Program

## Activity Courses

A current CPR Certification (American Heart Association or American Red Cross) is required for instructors teaching Activity courses in the Department of Kinesiology. Please submit xeroxed copies of current certifications with your application.

### Aquatic Activities

A current Lifeguard Training Certification (American Red Cross, National Pools and Waterpark Association, Y.M.C.A., or equivalent) or Emergency Water Safety Certification and a current Water Safety Instructor Certificate (Red Cross, Y.M.C.A. or equivalent) are required for those teaching swimming classes.

Aqua Aerobics  
Competitive Swimming  
Fitness Swimming  
Lifeguard Instructor Training and Aquatic Risk Management  
Movement Skills: Swimming  
Swimming I  
Swimming II  
WSI Training

### Dance Activities

Ballroom Dance I  
Ballroom Dance II  
Movement Skills: Dance

### Fitness Activities

A degree in Kinesiology or an acceptable certification is required.

Aerobics I  
Aerobics II  
Aqua Aerobics  
Conditioning and Weight Control  
Movement Skills: Fitness  
Physical Fitness  
10K Running  
Techniques of Teaching Aerobics  
Weight Training I  
Weight Training II

### Gymnastic Activities

Movement Skills: Gymnastics  
Tumbling I

### Individual Activities

Bowling I  
Bowling II  
Golf I  
Golf II  
Golf III

### Martial Arts/Combatives

Personal Defense

### Eastern Movement Forms

Hatha Yoga  
Tai Chi

### Racquet Activities

Badminton  
Movement Skills: Racquet Activities  
Racquetball I  
Racquetball II  
Tennis I  
Tennis II

### Skating Activities

Ice Hockey  
Ice Skating I  
Ice Skating II

### Team Sport Activities

Basketball I  
Basketball II  
Coaching Strategies  
Movement Skills: Field Activities  
Rugby Football  
Soccer I  
Soccer II  
Volleyball I  
Volleyball II

Instructions: Provide information about your teaching and personal experience which supports your activity preference as previously listed.

**Preference #1**      **Activity** \_\_\_\_\_

Teaching Experience (please list any related experience)

Institution	Dates of Employment	Class Level I, II, III	Age of Participants	Class Length

Personal Experience (Please list your previous participation)

Association/ Institution	Location	Dates of Participation	Nature of Experience	Awards/ Certifications*

\*Xeroxed copies of current certifications must be included

Additional Leadership Experience (coaching, volunteer work, etc.)

1.
2.

Professional Organizations


**Preference #2**      **Activitiy** \_\_\_\_\_

Teaching Experience (please list any related experience)

Institution	Dates of Employment	Class Level I, I, III	Age of Participants	Class Length

Personal Experience (Please list your previous participation)

Association/ Institution	Location	Dates of Participation	Nature of Experience	Awards/ Certifications*

\*Xeroxed copies of current certifications must be included

Additional Leadership Experience (coaching, volunteer work, etc.)

1.
2.

Professional Organizations


**Preference #3      Activitiy \_\_\_\_\_**

Teaching Experience (please list any related experience)

Institution	Dates of Employment	Class Level I, I, III	Age of Participants	Class Length

Personal Experience (Please list your previous participation)

Association/ Institution	Location	Dates of Participation	Nature of Experience	Awards/ Certifications*

\*Xeroxed copies of current certifications must be included

Additional Leadership Experience (coaching, volunteer work, etc.)

1.
2.

Professional Organizations

1.
2.

**Preference #4**      **Activity** \_\_\_\_\_

Teaching Experience (please list any related experience)

Institution	Dates of Employment	Class Level I, I, III	Age of Participants	Class Length

Personal Experience (Please list your previous participation)

Association/ Institution	Location	Dates of Participation	Nature of Experience	Awards/ Certifications*

\*Xeroxed copies of current certifications must be included

Additional Leadership Experience (coaching, volunteer work, etc.)

1.
2.

Professional Organizations

1.
2.

**Preference #5      Activitiy \_\_\_\_\_**

Teaching Experience (please list any related experience)

Institution	Dates of Employment	Class Level I, I, III	Age of Participants	Class Length

Personal Experience (Please list your previous participation)

Association/ Institution	Location	Dates of Participation	Nature of Experience	Awards/ Certifications*

\*Xeroxed copies of current certifications must be included

Additional Leadership Experience (coaching, volunteer work, etc.)

1.
2.

Professional Organizations

1.
2.

## Confidential Reference

Please list three references that would be willing to comment on your competencies in the areas you have listed on page 1.

1. Name \_\_\_\_\_  
Position \_\_\_\_\_  
Address \_\_\_\_\_  
\_\_\_\_\_  
Phone \_\_\_\_\_

2. Name \_\_\_\_\_  
Position \_\_\_\_\_  
Address \_\_\_\_\_  
\_\_\_\_\_  
Phone \_\_\_\_\_

3. Name \_\_\_\_\_  
Position \_\_\_\_\_  
Address \_\_\_\_\_  
\_\_\_\_\_  
Phone \_\_\_\_\_